



# Russettings

Residential Care Home Newsletter

## AN AMAZING MONTH!

We had so many special events, it's hard to list them all, but one of the funniest highlights was our Easter celebrations. We dyed and painted eggs, enjoyed an Egg Cracking Competition and plenty of hard-boiled and chocolate eggs too, followed by an Easter Quiz with chocolate prizes and a beautiful Easter Service by the St Mary's Church choir. It truly was a celebration for all!



## PRETTY & POLISHED

Having hair stylists on-site at Russettings is a wonderful extension of our services. We are lucky to have not only a lovely Beauty Salon, but also two fantastic hairdressers, Natalie and Amanda, who help our gentlemen feel smart and our ladies feel beautiful week by week. Alongside regular manicures, hand massages and foot spa treatments from our Activity Team, our residents truly enjoy being pampered and looking their very best.

## ENTERTAINMENT

We, residents and staff at Russettings, love singing and dancing, and always enjoy several musical events each month. This time we were treated to wonderful performances from Tania, Lelia, Lily and Jamie. Alongside our musicians, we also welcomed Marco the Magician, whose fun-filled show of tricks, balloon modelling, walk-around magic and sing-along songs was a huge hit with everyone.



## OUTDOOR ACTIVITIES

As spring has sprung, we try to go out to our garden area as often as possible. Our residents enjoy walking in the garden or sitting on our patio. They love to get the touch of the first sunshine or relax or maybe taking cat naps under the gazebo in the tranquillity of a sunny afternoon, where only some birdsong can break the quiet around us. Some others pursue their favourite activities and / or doing outdoor gardening helping us to beautify our garden.



## CHILDREN VISITS

We had a cheerful time when the lovely nursery and pre-school children visited us this month again. We played games together, were singing songs and recited nursery rhymes and even they dressed us up with toys. It was an uplifting time for our residents, and the adorable kids seemed to have a great fun time with them as well by even giving emotional Good-Bye hugs to them.



## BIRTHDAY CELEBRATIONS

It was a month full of birthdays and even three very special 80th and 90th birthdays. Six residents were born in April: Sheila, Molly, Janet D., Margaret H. Barbara and we celebrated them all with beautiful cakes made by our chef, Miguel and of course with a Happy Birthday song from our staff. Congratulations to our April Residents!



## BOARDGAME LOVERS

Our residents enjoy playing Jigsaw Puzzles, Dominoes, Draughts, Rummy, Quizzes, but this month the highlight of the games was Scrabble to celebrate International Scrabble Day. Although the game was created in 1930's, but still popular worldwide. There are several residents who also enjoy playing it and do really well.



## UPCOMING EVENTS IN MAY

We are looking forward to a beautiful and warm spring with many cheerful events again. Please mark your calendars and join us in the fun.

7th May	3:00 PM	Taina Performs
14th May	3:00 PM	Roise Performs
16th May	10:00 AM	Craft Fair in Balcombe
22nd May	3:00 PM	Susana Performs
27th May	11:00 AM	Colin and his Bird's of Prey Visit