



Russetttings

Residential Care Home Newsletter

NEW YEAR!

The New Year has certainly started on a wet note, but we're grateful that the evenings are getting lighter and there are already signs of spring on the way. The bulbs we planted last year are beginning to come through, and we're looking forward to seeing their bright colours in bloom soon. We've enjoyed visits from Tania, Lily, Susanna and Jamie, who had us singing and dancing.



CELEBRATIONS

The diets have gone out the window this month as we celebrated four wonderful birthdays – Doreen, Janice, Richard and Jacqui – along with a very special 60th wedding anniversary. Congratulations to Janice and John on this incredible milestone. Miguel kindly prepared some delicious cakes to help us mark each of these lovely occasions!



MIND & BODY

Jane has held Holy Communion in the conservatory and offered one-to-one visits in residents' rooms. She joins us monthly and is always happy to share Communion or a quiet prayer.

We've also been keeping active with ball exercises, puzzles, quizzes, card games, beanbag darts and tenpin bowling.



RELATIVES MEETING

Looking forward to see you at our resident and relatives meetings throughout the year. Please do try to come along to them they are a great way of finding out information and asking question.

Meetings will be held in our Conservatory

Wednesday 11th February	3pm
Friday 17th April	11.30am
Tuesday 9th June	4pm
Friday 28th August	6pm
Thursday 22nd October	3pm
Tuesday 8th December	11.30am