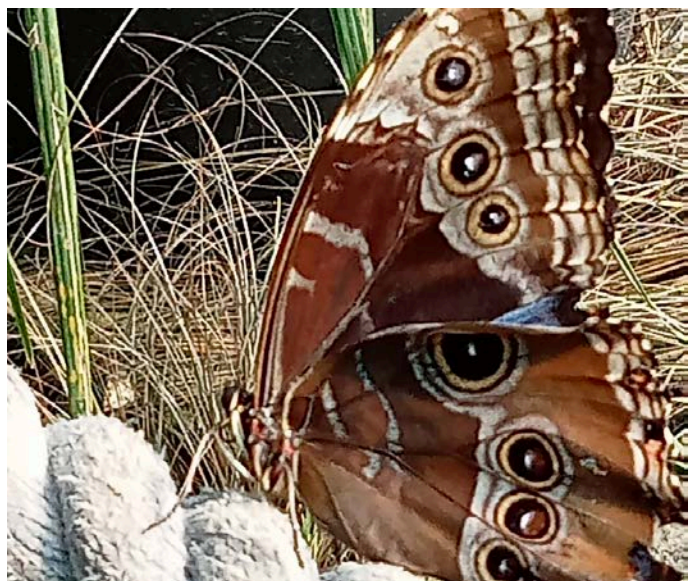




## Residential Care Home Newsletter

### MARCH AT RUSSETTINGS

Russettings had a very eventful March, filled with a variety of exciting activities. Pancake Day kicked off the month with a delicious spread—American stacked pancakes, French crêpe-style, and traditional English pancakes, all served with a wide selection of tasty toppings. Yummy!!



### TRIPS OUT

Our March outing was a visit to Middleton Farm Butterfly Sanctuary. Beautifully coloured butterflies fluttered around our residents and their families—it was an absolute delight! After enjoying the warm, tropical butterfly enclosure, we moved on to the café for some light refreshments. Later, some families took their loved ones to Nottcutts Garden Centre for lunch and a shopping experience.

### THEMED LUNCHES

Our chefs prepared a delicious Nostalgic Nosh lunch, bringing back memories of days gone by. The dining room was decorated with colourful 50s and 60s pop art posters and themed table settings. Residents enjoyed a menu of chicken Kiev, vegetarian burger and chips, followed by the unforgettable Arctic Roll for dessert!





## ST PATRICK'S DAY

We celebrated St. Patrick's Day with a memorable Irish menu, followed by a lively performance from Rosie, singing popular Irish ditties and dancing to the delight of all!



## HUGO THE PAT DOG

Hugo the pat dog joined us and introduced himself to our new residents!



## BIRTHDAYS

During the month of March we had quite a few 90<sup>th</sup> birthdays and families enjoyed individual celebrations, with their loved one.



## MOTHERS DAY

The month ended on a high note with a special Mother's Day roast, followed by Tobias performing a medley of uplifting songs that had our residents singing and dancing along—a wonderful way to wrap up March!





## FORTHCOMING ATTRACTIONS

We look forward to seeing you all in May for more memory making events.

**Thursday 1st May**

May Day celebrations with  
Spring arts and crafts.

**Monday 5th May**

Bank Holiday with a  
special lunch.

**Thursday 8th May**

V E 80th anniversary . Signature  
Dinning gives a WWII cream team  
with a Guinness Book of Records zoom  
call to link with other care homes.  
Possible musical performance.

**Monday 26th May**

Spring Bank Holiday party on  
the patio!