



Residential Care Home Newsletter

FEBRUARY AT RUSSETTINGS

Russettings can hardly believe we're already in the second month of the year —amazing! A grey and very cold February, with a few bright spells towards the end of the month. In our garden, the promise of spring emerges as snowdrops bloom, and the residents' 'lasagna' planting pots on the patio start to pop through with a splash of color!



CREATIVE COOKING

We have had some fun with the Friday, 'you name it, we will try and cook it!' afternoons. Skills learned with family come flooding back and some stunning culinary delights emerge. This month we have seen cheese straws, biscuits and buns; with the international Nutella day being a favourite!

SUNNY DELIGHTS

Frozen yogurt day throughout the home brought a smile to our faces on an unusually sunny day.



BUTTERCUP BARN

Buttercup Barn visited Russettings for International Teddy Bear Day! Residents and children showed each other their favorite bears and bunnies as they enjoyed teddy bear biscuits for an afternoon tea together.



VALENTINE'S DAY



Valentine's Day lunch lit up the month with colourful hearts and beautiful flowers decorating the tables and walls. After a lovely meal, the lounge filled with memorable love songs, and our resident chef Miguel's stunning heart-shaped cake arrived for afternoon tea—a great day for all.

CHEESE & WINE

Russettings cheered to the end of the month with a national cheese and wine tasting afternoon. All around the home, residents enjoyed a selection of wines and cheeses from around the world—a very merry home and lovely memories of past dinners and house parties.



BIRTHDAYS

In February, Russettings celebrated multiple birthdays with families and friends, enjoying beautifully made cakes for the occasions.





FORTHCOMING ATTRACTIONS

We look forward to seeing you when spring has sprung in March!

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| Saturday - 1st | St Davids Day Special Lamb Hot Pot and Welsh dessert lunch. | Monday - 17th | St Patrick's day with a special Irish themed singing performance at 3pm. |
| Tuesday - 4th | Shrove Tuesday – pancake day served with American stacks and traditional pancakes at 3pm, with many sauces and toppings! | Wednesday - 26th | Hugo Pat - Dog returns from his holiday at 11 am in the lounge. |
| Wednesday - 5th | Ash Wednesday | Thursday - 27th | Special performance by Tobias at 3pm, with medley of well-known songs. |
| Thursday - 13th | Signature Dining creates a 1950's and 60's themed special lunch of chicken Kiev, vegetarian burger and chips followed by artic roll or American waffles! | Sunday - 30th | Mothering Sunday celebration lunch followed by an afternoon matinee of Mamma Mia! |