



# Russettings

## Residential Care Home Newsletter

### JANUARY AT RUSSETTINGS

Balcombe saw its fair share of weather this January! Storms, with plenty of rain, cold winds and snow; but signs of spring are starting pop through our lasagna planting pots on the patio.. So, we are looking forward to seeing fresh colour in the grounds.

The dining room and lounge are enjoying a 'pop' of colour, curtesy of the flower arranging group at Russettings. Beautiful artistic arrangements adorn the tables and shelves.

Russettings welcomed the New Years day, with an afternoon cheese and wine party! A very enjoyable time, relaxing and listening to light jazz music and conversation.



### DIA DE LOS REYES

Early in the month we celebrated the Spanish 'Dia de Los Reyes' (three kings celebration). Our resident chef created a wonderful menu with the special three kings cake for us all to enjoy. We were treated to a steel drum performance for the afternoon party. We were all stunned at the variety of music and styles can be played on the steel drum!





## GOLDEN OLDIES CINEMA CLUB

Our mini bus trip took us to the Golden Oldies Cinema club to see 'Half A Sixpence' with Tommy Steele. Memories came back to our residents and the club members, during the intermission with their pack lunches.

## COMMUNITY CRAFTS

Russettings residents have been very busy creating cat blankets for the local Cat Protection league. We are hoping in February, to visit them for a light lunch and present the blankets to the sanctuary.

National Winnie the Pooh Day, created lots of arts and crafts and cooking experience for that week. Clay arts of Winnie the Pooh characters and decorated cakes for tea. The Christopher Robin film, which is part animation; cheered us all up and encouraged memories of childhood stories and bears of all types shared the afternoon.



## BURNS NIGHT

The highlight of the month was Burns Day, which included a special lunch of neeps, tatties and haggis, with all the trimming's!

The Address to the Haggis was given by a Scottish resident and the afternoon continued with a singing performance of favourite popular Scottish songs. We couldn't all help getting up singing and dancing. The Proclaimers "I will walk 100 miles", brought the house down!





## FORTHCOMING ATTRACTIONS

Now that we are firmly into the start of the New Year; We look forward to inviting you to many more events in February.

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|--------------------------------|--|-------------------------------|---|
| <p><b>Monday - 5th</b></p>     | <p>World Nutella day! "You name it we will cook it!" "Chocolate butterfly cakes on Tuesdays and Thursdays. Spa days and hairdressers twice a week.</p> | <p><b>Monday - 26th</b></p>   | <p>National Polo bear day "You name it we will try and cook it!" Coconut marsh mellowes.</p>  |
| <p><b>Saturday - 10th</b></p>  | <p>Chinese New Year Special lunch and party with a singing performance.</p>  | <p><b>Thursday - 29th</b></p> | <p>Leap Year Special lunch with an afternoon performance and party!</p>   |
| <p><b>Wednesday - 14th</b></p> | <p>Valentines day Special Lunch, with ' Marco the Magician ' performance with beautiful singing.</p>   |                               | <p><b>Two Trips in the Mini Bus Trips</b></p> <p>The Cats Protection League, with lunch and presentation of the blankets. - T.B.A.</p> <p>Crawley shopping trip with refreshments. - T.B.A.</p> <p>Holy Communion - T.B. A.</p> |
| <p><b>Monday - 19th</b></p>    | <p>National Nest Box day, arts and crafts.</p>   |                               | <p>Thursday 15th - Relatives and Residents Meeting at 4pm in the Conservatory.</p>  |